

# Bergen County Police Athletic League (P.A.L.)

## 6<sup>th</sup> Annual State Karate Championship

Send applications to: 146 Hudson St., Hackensack, NJ 07601  
201-491-9020 – www.palkarate.org

Facebook: www.facebook.com/bergencountypalkarate

**Sunday, April 28th, 2019**

River Dell High School, 55 Pyle Street, Oradell, NJ 07647

**Registration begins at 9am – Black Belt Meeting at 9:30am – Tournament begins at 10am**

Entry Fee for 1-3 events: \$45 in advance OR \$55 at the door – Refunds will not be issued

\$5 Admission fee – Pay at the door

NAME: \_\_\_\_\_ RANK: \_\_\_\_\_  
 AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ INSTRUCTOR'S NAME: \_\_\_\_\_  
 SCHOOL NAME: \_\_\_\_\_ SCHOOL PHONE: \_\_\_\_\_  
 SCHOOL ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

**Safety equipment is mandatory.** This includes: mouth piece, groin cups and head/hand/foot protective gear.

The waiver on the next page must be signed before any competitor may compete. Divisions may be combined  
*Please check all appropriate divisions that apply:*

- \*Beginner = white
- \*Novice = yellow/orange
- \*Intermediate = green/blue/purple
- \*Advanced = brown/red
- \*Black Belt

### KUBUDO

- |   |   |  |
|---|---|--|
| Pee Wee – Novice<br><input type="checkbox"/> 6-9 yrs.   | Pee Wee – Inter/Adv.<br><input type="checkbox"/> 6-9 yrs. |  |
| Juniors – Novice<br><input type="checkbox"/> 10-12 yrs.   | Juniors- Inter.<br><input type="checkbox"/> 10-12 yrs.    | Juniors – Adv.<br><input type="checkbox"/> 10-12 yrs.          |
| Teen – Novice<br><input type="checkbox"/> 13-16 yrs.<br><input type="checkbox"/> Black belt _____ | Teen – Inter.<br><input type="checkbox"/> 13-16 yrs.      | Teen – Adv.<br><input type="checkbox"/> 13-16 yrs.<br>17-18yrs |

### **Grand Championships Black Belts only!**

- Kubudo – 6-9yrs, 10-12yrs, 13-18yrs
- Kata – 6-9yrs, 10-12yrs, 13-16yrs, 17-18yrs
- Kumite – 10-12yrs, 13-16yrs, 17-18yrs
- Boys and Girls will compete in separate divisions for Kumite

### KATA

- |  |            |
|--|------------|
| <input type="checkbox"/> Mini Pee-Wee  | 4-5 yrs.   |
| <input type="checkbox"/> Pee Wee (Novice)  | 6-7 yrs.   |
| <input type="checkbox"/> Pee Wee – Interm. & Adv.                                | 6-7 yrs.   |
| <input type="checkbox"/> Junior – Novice   | 8-9 yrs.   |
| <input type="checkbox"/> Junior – Intermediate                                   | 8-9 yrs.   |
| <input type="checkbox"/> Junior – Advanced <input type="checkbox"/> Black belt   | 8-9 yrs.   |
| <input type="checkbox"/> Junior – Novice   | 10 yrs.    |
| <input type="checkbox"/> Junior – Intermediate                                   | 10 yrs.    |
| <input type="checkbox"/> Junior – Advanced <input type="checkbox"/> Black belt   | 10 yrs.    |
| <input type="checkbox"/> Pre-Teen – Novice                                       | 11-12 yrs. |
| <input type="checkbox"/> Pre-Teen – Intermediate                                 | 11-12 yrs. |
| <input type="checkbox"/> Pre-Teen – Advanced <input type="checkbox"/> Black belt | 11-12 yrs. |
| <input type="checkbox"/> Teenage – Novice  | 13-14 yrs. |
| <input type="checkbox"/> Teenage – Intermediate                                  | 13-14 yrs. |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 13-14 yrs. |
| <input type="checkbox"/> Teenage – Novice  | 15-16 yrs. |
| <input type="checkbox"/> Teenage – Intermediate                                  | 15-16 yrs. |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 15-16 yrs. |
| <input type="checkbox"/> Young Adult _____                                       | 17-18 yrs. |

### KUMITE

- |  |            |              |     |
|--|------------|--------------|-----|
| <input type="checkbox"/> Mini Pee-Wee  | 4-5 yrs .  | Sex (circle) | M F |
| <input type="checkbox"/> Pee Wee (Novice)  | 6-7 yrs.   | M            | F   |
| <input type="checkbox"/> Pee Wee – Inter. & Adv.                                 | 6-7 yrs.   | M            | F   |
| <input type="checkbox"/> Junior – Novice   | 8-9 yrs.   | M            | F   |
| <input type="checkbox"/> Junior – Intermediate                                   | 8-9 yrs.   | M            | F   |
| <input type="checkbox"/> Junior – Advanced <input type="checkbox"/> Black belt   | 8-9 yrs.   | M            | F   |
| <input type="checkbox"/> Junior – Novice   | 10 yrs.    | M            | F   |
| <input type="checkbox"/> Junior – Intermediate                                   | 10 yrs.    | M            | F   |
| <input type="checkbox"/> Junior – Advanced <input type="checkbox"/> Black belt   | 10 yrs.    | M            | F   |
| <input type="checkbox"/> Pre-Teen – Novice                                       | 11-12 yrs. | M            | F   |
| <input type="checkbox"/> Pre-Teen – Intermediate                                 | 11-12 yrs. | M            | F   |
| <input type="checkbox"/> Pre-Teen – Advanced <input type="checkbox"/> Black belt | 11-12 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Novice  | 13-14 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Intermediate                                  | 13-14 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 13-14 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Novice  | 15-16 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Intermediate                                  | 15-16 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 15-16 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 17-18 yrs. | M            | F   |
| <input type="checkbox"/> Teenage – Advanced <input type="checkbox"/> Black belt  | 17-18 yrs. | M            | F   |
| <input type="checkbox"/> Young Adult _____                                       | 17-18 yrs. | M            | F   |

**In consideration of being allowed to participate in any way in the Police Athletic League of Bergen County's 6<sup>th</sup> Annual State Karate Championship the undersigned:**

1. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating, he/she should inspect the facilities and equipment to be used and if the participant believes anything is unsafe, he/she should immediately advise his/her coach or supervisor and tournament director of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability, death and economic losses which might result not only from their own actions, inactions or negligence, but the action or negligence of others, the rules of play or the condition of the premises of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release waive, discharge and covenant not to sue Bergen County's Police Athletic League and their respective administrators, directors, agents, coaches, black belt judges, security and other employees of the organization, other owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasers", from any and all liability to each of the undersigned, his or hers and next of kin for any claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise

**I/WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.**

**Date:** \_\_\_\_\_

**Parent(s) or Guardian Signature:** \_\_\_\_\_

**Parent(s) or Guardian Relationship:** \_\_\_\_\_

**Printed name of Parent(s) or Guardian:** \_\_\_\_\_

**Printed Name of Participant:** \_\_\_\_\_